

To attend diabetes education programs in Waterloo-Wellington you must:

- Have a confirmed diagnosis of Type 1, Type 2 Diabetes, Prediabetes or at High Risk for Diabetes
- Reside in the Waterloo-Wellington region

Please fill out the following information and send along with recent blood work results and/or a list of up-to-date medications you are taking, if possible.

Name: _____ Male or Female or _____

Phone Number (Day): _____ Phone Number (Evening): _____

Email: _____

Address: _____ Identify as First Nations, Inuit, Metis: Yes or No

City: _____ Postal Code: _____

Date of Birth (dd/mm/yyyy): _____ Family Doctor: _____

OHIP#: _____ When is the best time to contact you? _____

If you know, which type of diabetes do you have? Type 1 or Type 2 or Prediabetes or High Risk

When were you diagnosed? Newly Diagnosed (less than 1 year) or Established (greater than one year)

Are you pregnant? Yes or No If pregnant, when is your due date? _____

If pregnant, where are you delivering? _____

Do you have any allergies? Yes or No If yes, to what? _____

Do you take insulin? Yes or No Do you take other medications for your diabetes? Yes or No

Have you attended Diabetes Education in the past? Yes or No

Language Spoken? English/French/Other: _____

Is there anything else you would like us to know about you? _____

Do you give permission to contact your family doctor for more information if required? Yes or No

Signature: _____ Date: _____

Print Name: _____

For Internal Use ONLY
DEP: _____

For DEP Use ONLY
First Contact: _____

Appointment Dates: _____